

Committees	Dated:
Health and Wellbeing Board- For Decision Community and Children's Services- For Decision	27/11/2015 11/12/2015
Subject: Mental Health Strategy	Public
Report of: Director of Community and Children's Services	For Decision

Summary

This report introduces the Mental Health Strategy. This strategy was developed based on the findings of the *Mental Health Needs Assessment for the City of London* (2015). The Mental Health Strategy sets out the overarching aim for more people in the City to have good mental health, and describes how we intend to achieve this. It identifies four key priorities which are: Prevention, Personalisation, Recovery and Delivery.

The focus of the strategy is delivering better outcomes for residents, workers and rough sleepers. It aims to improve the mental health of people in the City, keep people well and then ensure that we provide effective support when mental health problems do arise.

Recommendation

Members are asked to:

- Approve the Mental Health Strategy.

Main Report

Background

1. The City of London has commissioned the development of a Mental Health Strategy which sets out our overarching aim for more people in the City to have good mental health, and describes how we intend to achieve this. It provides a vision and priorities for mental health activities for 2015–18.
2. The strategy has been developed to reflect the national, regional and local policy context. This includes the Joint Health and Wellbeing Strategy which has identified mental health as a key priority for City residents, workers and rough sleepers. The Board has committed to ensuring that residents get better access to effective, joined-up support for mental health issues, reducing social isolation;

improving the health and wellbeing of rough sleepers; and addressing issues of stress, anxiety and depression for City workers.

3. The City and Hackney Clinical Commissioning Group (CCG) supports this ambition by focusing on the mental health needs of its patients and working to achieve parity of esteem between mental and physical health. The CCG is committed to improving access to services, delivering community-based care, focusing on recovery, and promoting choice and independence for patients in its mental health services.

Current Position

4. The *Mental Health Needs Assessment for the City of London (2015)* pulls together data from a range of sources to describe the mental health needs of the different population groups and makes a number of key recommendations for service provision based on the level of need. Its findings form the evidence base for this strategy and enable us to understand the particular mental health problems faced by people in the City.
5. The strategy was developed in consultation with key partners across the City of London, including City and Hackney Public Health, Community and Children's Services, City and Hackney Clinical Commissioning Group and East London Foundation Trust. It was developed following a workshop to gather the views of local residents, service users, voluntary sector providers and professionals. Business Healthy members were also asked for their views on the challenges they face in supporting the mental health of their employees.
6. The strategy considers three distinct populations with different needs and mental health issues:
 - i. Residents
 - ii. City workers
 - iii. Rough sleepers
7. The overarching aim of the strategy is for more people in the City to have good mental health. This is addressed two ways:
 - i. Improve the mental health of people in the City and keep people well
 - ii. Provide effective support for people with mental health problems
8. The strategy identifies four key priorities and outlines how they can be achieved. The four key priorities are:
 - Prevention
 - Personalisation
 - Recovery
 - Delivery
9. The strategy is supported by a delivery plan that will be refreshed annually. This will be governed by the City of London Health and Wellbeing Board, which will measure and monitor progress.

Proposals

10. A draft City of London Mental Health Strategy has been prepared for Members' consideration. The draft strategy is presented in Appendix 1.

Corporate & Strategic Implications

11. The strategy will support the delivery of the Joint Health and Wellbeing Strategy and the CCG Commissioning Strategy.

Conclusion

12. The Mental Health Strategy sets out the overarching aim for residents, workers and rough sleepers in the City to have good mental health, and describes how we intend to achieve this.

Appendices

- Appendix 1 – Mental Health Strategy

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